

**TASTE AND SEE
A 31 DAY EXPERIMENT**

"Taste and see that the Lord is good." Psalm 34:8

This experiment is designed to build a habit into your life that will develop your relationship with God and aid your growth as a Christian. By practising daily time in prayer and Bible reading you will...

1. Develop a close personal relationship with God and worship Him.
2. Train your mind to think thoughts of God and His ways.
3. Allow God to teach you about Himself and yourself.
4. Discipline yourself to grow consistently into the full maturity God has for you.

The best investment you could ever make with the most profitable returns will be the time you take to be alone and communicate with God. This time will not only give you Christ-centred outlook on each day, but also on your life and the people and circumstances around you.

The Christian life is both resting in the grace of Christ and striving to walk in the way of Christ. The former provides our foundation and the latter our mission. Regular times in prayer and Bible reading put us in the position to worship God and be transformed by the grace of Jesus.

1. Write in a notebook: Day # _____ Date _____ Scripture _____
2. Main thought - Read the passage for the day
- Pray for insight as you meditate on what the passage says
- In one sentence, write out the main thought of the passage
3. Application - Write a short paragraph as to how this passage can apply to your life
4. Prayer - Pray that during the day, through the power of the Holy Spirit, you will be enabled to apply these truths to your life.

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| 1. Habakkuk 3:17-19 | 12. Psalm 63:6-8 | 23. Proverbs 3:5-7 |
| 2. Isaiah 40:28-31 | 13. II Corinthians 5:14-17 | 24. II Peter 1:4-8 |
| 3. Joshua 1:8-9 | 14. James 1:2-8 | 25. II Corinthians 12:8-10 |
| 4. Romans 12:1-2 | 15. Philippians 4:6-7 | 26. I Thessalonians 4:1-8 |
| 5. Psalm 119:9-11 | 16. II Timothy 2:1-4 | 27. Romans 12:9-14 |
| 6. Matthew 7:24-27 | 17. Hebrews 12:1-3 | 28. Titus 2:11-14 |
| 7. Ephesians 5:3-5 | 18. John 14:12-15 | 29. Ephesians 6:13-20 |
| 8. Hebrews 11:24-26 | 19. Jeremiah 1:4-8 | 30. I Samuel 15:22-23 |
| 9. Psalm 63:6-8 | 20. Acts 4:24-31 | 31. I John 2:11-17 |
| 10. Nehemiah 9:5-6 | 21. Philippians 3:7-11 | |
| 11. Colossians 1:9-13 | 22. Matthew 6:31-33 | |